

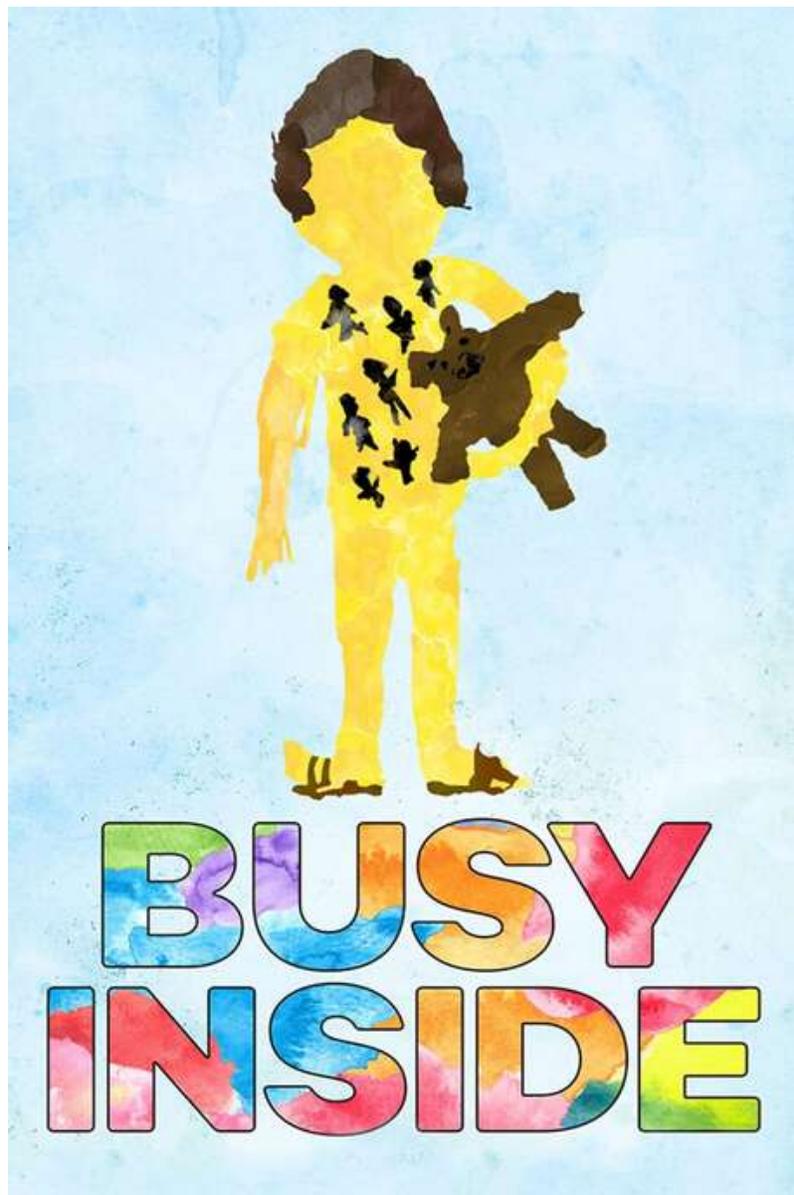
Check out this amazing film  
about Dissociative Identity  
Disorder (DID)!

No images? [Click here](#)



Welcome  
Change  
Productions

## TRUSTED SOURCE PRESENTS...



*Busy Inside*

"*BUSY INSIDE*", Directed by Olga Lvoff and produced by Victor Ilyukhin (a friend of Welcome Change!), tells the true story of Karen and Marshay, two women with Dissociative Identity Disorder (DID). Karen Marshall is a Licensed Clinical Social Worker who has DID and is determined to help people struggling with the same disorder. One of her patients, that "*BUSY INSIDE*" follows, is Marshay who is working through her own struggle with DID and is learning to embrace herself and her multiple personalities.



Trailer for *Busy Inside* (2019)

*Busy Inside* was recently featured in a New York Times article titled "[\*A Documentary Explores Dissociative Identity Disorder\*](#)". The article touches on the beginnings of this disorder which often stems from childhood trauma. After experiencing trauma in childhood, a person might create a new personality in order to survive in that environment. This is a coping mechanism, and when new difficulties are encountered more personalities can be formed as a result.

Dr. David Sieger, the doctor who gave the disorder its modern name (formerly called Multiple Personality Disorder), says that the best way to start to help someone with this disorder is to encourage their personalities to empathize with one another. Then the different skills and facets of these personalities can become helpful for everyday life.

## WHY WE LIKE IT

True Stories of Everyday People



High Quality



Raises Good Questions





Want to purchase *Busy Inside*?

You can purchase streaming rights for *Busy Inside* or any other films by these filmmakers at [NewDay.com](http://NewDay.com)!

[Watch Busy Inside Here!](#)

*Dear Readers,*

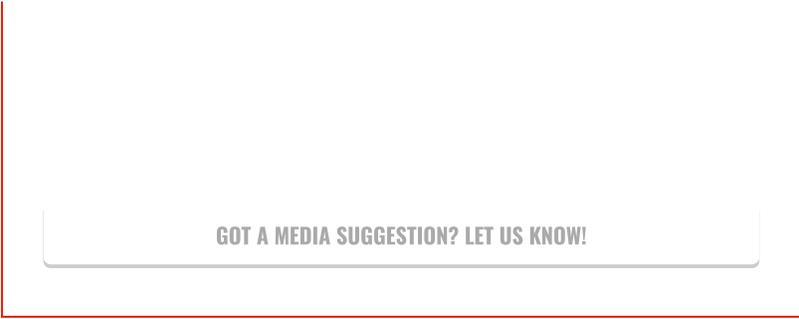
*There are many exciting and well-made films featuring disability. The challenge is knowing where to find it, and how to use it.*

*Trusted Source is a monthly media recommendation that you can use in your trainings or classrooms and share with your networks. We hope you find these pieces as insightful and revealing as we do.*

*Visit [welcomechange.org](http://welcomechange.org) for more info, and follow us on social media below!*

*Best,*

Alice Elliot



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