

Trusted Source • March 2019

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Welcome
Change
Productions

TRUSTED SOURCE

presents

HEARTS OF GLASS – A VERTICAL FARM TAKES ROOT IN WYOMING



This month, Trusted Source invites you to learn about *Hearts of Glass - A Vertical Farm Takes Root in Wyoming*, a documentary directed by **Jennifer Tennican**.

Hearts of Glass follows the tumultuous first 15 months of operation of Vertical Harvest (VH), a multi-story, state-of-the-art hydroponic greenhouse that grows crops while

providing meaningful, competitively-paid jobs for people with disabilities. The film weaves the story of VH's launch with the personal journeys of several employees with intellectual and developmental disabilities (I/DD). Innovation and inclusion create a fertile environment for people and plants to grow.

VH is a vertical farm on 1/10 of an acre at an elevation of 6,237 feet in Jackson, Wyoming, a mountain town with extreme seasonal fluctuations in weather, population, and demand for goods and services. The employees with disabilities, part of an underestimated, underemployed and vulnerable population, are a vital and visible part of this community-based business.

Hearts of Glass is an intimate portrait of social entrepreneurship at the intersection of disability rights and sustainable, local food production.

Director and friend Jennifer Tennican will screen *Hearts of Glass* at this year's ReelAbilities Film Festival: New York, which runs April 2nd - 9th, 2019. To see the film during the festival, please [click here](#). To learn more about the film and the support behind it, please visit heartsofglassfilm.com.

THREE REASONS TO WATCH

STRONG FILMMAKING CRAFT

The documentary shows the drama and poignancy of running a state of the art hydroponic vertical vegetable farm. This is a well constructed film that weaves together the lives of the workers and the struggle of building a business.

ADVOCACY IN ACTION

Some of the workers have intellectual disabilities but they are fully integrated into the business with real jobs. Each person's task is assigned based on their ability.

REELABILITIES FILM FESTIVAL

Founded in 2007, ReelAbilities Film Festival: New York is the largest festival in the country dedicated to promoting appreciation of the lives and artistic expressions of people with different abilities. Now expanded to 20 cities worldwide, this year's New York festival boasts over 30 features.

There are many exciting films and well-made media featuring disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings and classrooms, and that you can share with your networks. We hope you find these pieces as insightful and revealing as we do.

Visit welcomechange.org for more info, and follow us on social media below!

GOT A MEDIA SUGGESTION? LET US KNOW!

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