



Welcome  
Change  
Productions

# TRUSTED SOURCE

*presents*

## "100% Myself"



"To be honest, I don't need someone to understand me. I just want someone to be open to, to accepting who I am, and just see the good."

- Georgia Pilkington

This month, Trusted Source invites you to watch through [Sproutflix.org](https://sproutflix.org) "100% Myself", the short documentary film by Scottish filmmaker Euan Ryan of [Finalcrux Films](#).

Georgia is Autistic. But you might not have guessed it. She's learned to be "normal". However, more



and more, she wants to just be herself. Climbing has helped Georgia to confront her issues and realize that, for her, "normal" just isn't.

Our friends at [Sproutflix.org](https://sproutflix.org) have the full version of the film available - you may watch "100% Myself" in its entirety [here](#).

## THREE REASONS TO WATCH



### DIGNITY OF THE RISK

It's thrilling to reach high expectations and exceed those goals. Successfully climbing the Old Man of Stoer is no easy feat, so it's exciting to be a part of Georgia's journey.

### APPRECIATION OF SELF-AWARENESS

Georgia mentions how dealing with bullying has helped her grow into a confident person, and thus a confident climber. Her struggles have shaped her into the resilient individual she is today.

### HIGH SOUND QUALITY

Major kudos to the filmmakers for having great audio quality through high winds and wide shots. There are no distractions for us to watch Georgia's story unfold.



There is so much exciting and well-made media about disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings and classrooms, and that you can share with your networks. We hope you find these pieces as insightful and inspiring as we do.

Visit **welcomechange.org** for more info, and follow us on social media below!

**GOT A MEDIA SUGGESTION? LET US KNOW!**

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