Q: What advice would you give to yourself?

A: I would give the advice to myself that people will love you for you.

- Victoria Canal

This month, Trusted Source invites you to watch a film featuring a woman with a physical disability.
“Victoria”, the short documentary film by NYU filmmaking student, Ewurakua Dawson-Amoah.

Victoria Canal is a brilliant young musician. She can not only play the piano beautifully, but she can also sing. Victoria draws her inspiration from classic soul musicians, such as Stevie Wonder and Aretha Franklin. Full of soul herself, Victoria highlights the highs and lows of being an emerging artist.

You may watch “Victoria” in its entirety [here](#).

THREE REASONS TO WATCH

STRONG FILMMAKING CRAFT

The interview is well placed, with natural light. Natural sounds are used until Victoria’s music is introduced. The camerawork is good and the integration of archival footage is well edited. The careful and thoughtful editing stand out.

EXCELLENT CONTENT

Victoria is so relaxed and candid on film. She has a great sense of humor while speaking about the struggles of being an artist. She’s able to separate the hype from the artistic practice. We see in the archival footage how she developed to become the good artist she is now.

POWERFUL MESSAGE

The film never discusses her disability - only mentions her ability. The film highlights her struggles and truth as an artist. She isn’t pigeonholed by the filmmaker as a disabled artist.
There is so much exciting and well-made media about disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings and classrooms, and that you can share with your networks. We hope you find these pieces as insightful and revealing as we do.

Visit welcomechange.org for more info, and follow us on social media below!