



Welcome  
Change  
Productions

# TRUSTED SOURCE

*presents*

## "Mimi and Dona"



This month, Trusted Source invites you to watch the trailer for director Sophia Sartain's documentary *Mimi and Dona*. The documentary follows 92-year-old Mimi, who has spent much of her life caring for 64-year-old Dona, her daughter who has an intellectual disability. Mimi and Dona have to face the inevitable -- that Dona will outlive Mimi.

Reminiscent of Ira Wohl's groundbreaking Academy Award-winning documentary *Best*

*Boy, Mimi and Dona* asks the question that parents of children with disabilities constantly face -- how will their children be taken care of without them? To those parents, the film will resonate because it does not shy away from portraying the challenges. Yet it also embraces the tender, rewarding, and intimate moments. Dona undergoes a clear and necessary transition and comes into her own in the film. Though she moves to a state-run facility, we hope that Dona someday transitions into a more independent living situation.

*Mimi and Dona* is streaming on [Kanopy](#) or you may purchase it through [New Day Films](#).

## THREE REASONS TO WATCH

### INTIMACY & ACCESS

This film has an amazing intimacy because the filmmaker is family -- Sophia is Mimi's granddaughter and Dona's niece.

This access allows the filmmaker to show difficult moments truthfully.

### WOMEN NURTURING WOMEN

It's a sensitive observation into a mother and daughter dynamic that is sometimes ignored in our society. Mimi is both Dona's mother and her caretaker, which gives this story its tension.

### TECHNICAL WORK

High praise must be given to the technical aspects of the film -- the audio and picture editing are really well done. The excellent filmmaking and storytelling help make this film stand out. It is able to go beyond a personal family story and reach a larger audience.

There is so much exciting and well-made media about disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings and classrooms, and that you can share with your networks. We hope you find these pieces as insightful and inspiring as we do.

Visit [welcomechange.org](https://welcomechange.org) for more info, and follow us on social media below!

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