



Welcome
Change
Productions

TRUSTED SOURCE

presents

USA Today's "Humankind"



This month, Trusted Source invites you to watch a video from USA Today's online human interest series "Humankind." In this video, we meet diving coach Cliff Devries, who was diagnosed with a brain tumor twenty years ago that left him paralyzed in his right leg. Each year, on Cliff's birthday, he climbs to the three meter board and takes a dive into the pool.

THREE REASONS TO WATCH

SIMPLICITY

We love the video's simplicity and the way it lingers on the wide shot of Cliff on the diving board. There aren't any flashy, quick edits. The length of the shot allows us to think, "would I do this?"

TIME

The length of the shot also allows us to meditate on the value of time. Cliff isn't rushed up there, and by getting a real-time sense of his effort, we're reminded of how often we ourselves rush through our tasks.

SUPPORT

On the ladder, diving board, and in the pool, Cliff is supported but not smothered. The people supporting him are patient and attentive - they give him the space to do something that he really wants to do.

There is so much exciting and well-made media about disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings and classrooms, and that you can share with your networks. We hope you find these pieces as insightful and inspiring as we do.

Visit www.welcomechange.org for more info, and follow us on social media below!

GOT A MEDIA SUGGESTION? LET US KNOW!

Welcome Change Productions
info@welcomechange.org

You've received this email because you or someone you know
subscribed you to Trusted Source. Please feel free to
unsubscribe - we promise you won't hear from us again!

Like

Tweet

Share

Forward

[Preferences](#) | [Unsubscribe](#)