Every story can make a difference, no matter how big or small.

"Our community has a voice that gets louder and stronger the more we come together."

-Kim Lan Grout
Redefining Disabled

Redefining Disabled is a website project created by Kim Lan Grout. Years in the making, Kim has interviewed and made creative portraits of people with a variety of different disabilities. Through these interviews, Kim hopes to
work together with the readers and the subjects of her project to break down the misperceptions and stereotypes of disabilities.

Kim was inspired to do this project from the liberation that many consider to be her disability. When she was young she had a painful struggle with a congenital vascular syndrome called Klippel-Trenaunay-Weber Syndrome. At the age of 18 she made the decision to have her leg amputated. Despite losing her leg, she is now able to do things she only dreamed of before the surgery, including raising her two daughters. This month we bring you the The Redefining Disabled Project website.  http://redefiningdisabled.org/

Visit the site

**THREE REASONS WHY WE LIKE THIS**

**IT'S HONEST**
Kim interviews a variety of different people and not all of their stories are happy or medical miracles. But from these stories the readers can learn how people with different abilities react to the way they are treated and how they think disabilities should be redefined.

**THE READER CONNECTS WITH THE SUBJECTS**
Through the beautiful photography and in-depth interviews, the readers get a real sense of who these people are on a personal level.

**THERE ARE MORE STORIES TO COME**
Kim is always on the look out for people who are willing to talk to her. She is a skilled, compassionate interviewer. People open up their struggles and successes as persons with disabilities to her. Every time you visit the website there are more stories.

There is so much exciting and well-made media
about disability. The challenge is knowing where to find it, and how to use it.

Trusted Source is a monthly media recommendation that you can use in your trainings, classrooms, and share with your networks. We hope you enjoy this media and find it insightful.

Alice Elliott
Welcome Change Productions
info@welcomechange.org

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