

WELCOME CHANGE PRODUCTIONS

Leading social change by revealing the big stories hidden in the human heart.

Great sex is for anybody and every body.

Quote of the Month

"People with disabilities, it's not that we're not sexy. It's that we haven't been told. Yet." - Danielle Sheypuk

Media of the Month



Every Body: Glamour, Dateability, Sexuality & Disability

Watch the TedX Talk <u>here</u>. (16:24)

Danielle Sheypuk is a catch. She's intelligent (she has a PhD in clinical psychology), successful (she has her own psychology practice, regularly contributes to several publications, and pens her own blog), and beautiful (you might have seen her on the runway during last year's NYC fashion week). She is also a wheelchair user. This seemingly insignificant detail poses a hurdle that, in Sheypuk's words, is "bigger than Mt. Everest." Dating is always hard. Sex is always complicated. And that goes double (even triple) when you have a disability. In this TedX talk at Barnard College, Sheypuk gets real about the perceptions, problems, and possibilities of sex with the disabled.

You can learn more about Danielle and her work on her website.

Three Reasons Why This is Worth Watching

1. Sheypuk talks openly and comfortably about a subject that is doubly taboo (sex *and* disability), reminding us that these are not embarrassing topics to be kept in the shadows, but important experiences we should be discussing.

2. "The more we deviate from this ultimate sex icon, the more desexualized we become, the more taboo the topic, and the more damaging the consequences." There are so many misconceptions about the sexual

There is so much exciting and well produced disability media available today. The challenge comes in knowing where to find it, what to pick and how to use it.

For our valued customers and friends, we are providing a monthly media recommendation that you can use in your trainings, classrooms, and share with your networks.

We appreciate your business and hope you think of us as a trusted source.

Best,

Alice Elliott, Director, Welcome Change Productions www.welcomechange.org lives of people with disabilities - from the ridiculous ("do you *like* sex?"), to the painful ("how can you fulfill your responsibilities as a mother?"). Sheypuk does a great job of addressing these misconceptions.

3. As a clinical psychologist specializing in the problems of dating, relationships, and sexuality among people with disabilities, Sheypuk knows what she's talking about. She examines the issue in a way that's objective, insightful, and empathetic.

We hope you find this Media and Disability information useful. If you know of media that you think should be featured in our newsletter, feel free to let us know!

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