



## Judy Heumann is an icon of the American disability rights movement - this is her story.

### Quote of the Month

*"If somebody says 'no,' what they really mean in 'not yet.'"*

- **Judy Heumann**

### Media of the Month



### Profile of Judy Heumann for Medtronics Courage Award

Watch the piece [here](#).  
(10:18)

*Born to Holocaust survivors, and she herself a survivor of childhood polio in a period of US history when people with disabilities were routinely and openly excluded by their communities, Judy Heumann has always understood the necessity of strength and ingenuity in the face of adversity and injustice. Since the 1970s Heumann has worked tirelessly to secure the civil rights of people with disabilities on the national and international stages. This profile outlines some of Judy's most important work while capturing the spirit of one of America's great civil rights leaders.*

### Three Reasons Why This is Worth Watching

1. The filmmakers take a frank and practical approach that is neither a plea for pity nor a sentimentalization of Heumann's life.
2. Heumann is generous to her fellow activists and shares the spotlight graciously.
3. The piece features robust visuals from archival sources. It is a rich experience that makes good use of personal photos and sweeping historical documentation.

We hope you find this Media and Disability information useful. If you know of media that you think should be featured in our newsletter, feel free to let us know!

Alice Elliott,

There is so much exciting and well produced disability media available today. The challenge comes in knowing where to find it, what to pick and how to use it.

For our valued customers and friends, we are providing a monthly media recommendation that you can use in your trainings, classrooms, and share with your networks.

We appreciate your business and hope you think of us as a trusted source.

Best,  
Alice Elliott, Director,  
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