







There is so much exciting and well produced disability media available today. The challenge comes in knowing where to find it, what to pick and how to use it.

For our valued customers and friends, we are providing a monthly media recommendation that you can use in your trainings, classrooms and share with your networks.

We appreciate your business and hope you think of us as a trusted source.

Best, Alice Elliott, Director, Welcome Change Productions www.welcomechange.org

## From restriction to mobility...

## **Quote of the Month**

I have not been handicapped by my condition. I am physically challenged and differently able.

- Janet Barnes

## Media of the Month

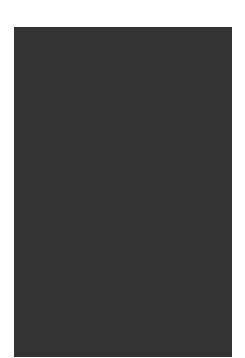


Q Film
Watch here!
password: Qfilm

The newest short documentary from Welcome Change Productions is Q Film. Q Film takes the viewer from one realm of being to another in the span of two minutes. Beginning in a world of restrictions and gravity, we are transported along with the subject of the film into an environment of weightlessness and freedom. A visceral film experience, Q Film showcases the transformation that can occur when one enters the water.

This is an exclusive preview for our beloved subscribers!

- 3 Reasons why this is worth watching:
- 1. The film's concise storytelling is effective and allows the viewer to have an immersive experience in around 2 minutes.
- 2. The viewer gets to follow Q into the water and under the water,



making the transition with him from restriction to mobility.

3. I like that it represents that people with disabilities can fully participate in college life and can be involved in the full spectrum of sports and activities when there are accommodations in place at universities.

Please only share this film internally and with discretion. Do not post this film online or share it publicly as we are in the process of submitting it to festivals.

We hope you find this Media and Disability information helpful. If you know of media that you think is useful and should be featured in our newsletter, feel free to let us know!

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