







There is so much exciting and well produced disability media available today. The challenge comes in knowing where to find it, what to pick and how to use it.

For our valued customers and friends, we are providing a monthly media recommendation that you can use in your trainings, classrooms and share with your networks.

We appreciate your business and hope you think of us as a trusted source.

Best, Alice Elliott, Director, Welcome Change Productions www.welcomechange.org

## **Positivity In The Face of Adversity**

## **Quote of the Month**

"You must make the best out of life with what you have."

- Maria Liaskou

## Media of the Month



Maria - Against All Odds Watch it here!

Maria Liaskou is 20 years old, born with cerebral palsy. In a city which does not cater to the needs of people with disabilities, Maria has managed to get more than just around. Her charismatic personality has given her the strength to overlook the discrimination and to excel not only academically as a law student, but also as a passionate competitive swimmer who has represented Greece in major athletic events.

- 3 Reasons why this is useful:
- 1) **First-hand:** Maria speaks for herself, no narration or voice over.
- 2) **Informative** This video clearly illustrates why the United States should sign the International Treaty on the Rights of people with Disabilities.
- 3) **Positive** Although her life can be difficult, she frames the bias she faces as lack of education, not bad people.

A shout out goes to Prism TV for showing such an innovative, international short documentary.



We hope you find this Media and Disability information helpful. If you know of media that you think is useful and should be featured in our newsletter, feel free to let us know!

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